

# AquaFIT Timetable

**MON**

9.30 - 10.15am AquaFIT poolside CARLA		
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**TUES**

9.30 - 10.15am AquaFIT poolside RACHAEL		6.30 - 7.15pm AquaFIT poolside TESSA
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**WED**

8.30 - 9.15am HARD Water poolside CARLA	12.15-1.00pm AquaFIT poolside CINDY	
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**THURS**

		6.15 - 7.00pm AquaFIT poolside KELLY
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**FRI**

9.30 - 10.15am AquaFIT poolside RACHAEL		
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**SAT**

9.15 - 10.00am AquaFIT poolside RACHAEL		
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**SUN**

